

Walnut Park Elementary School

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Dwayne Anderson
Principal

De-anna Lea
Vice Principal

SPORTS & FIELD TRIP PERMISSION FORM

DESCRIPTION OF ACTIVITY: Cross Country Ski Lessons provided by qualified coaches at the Bulkley Valley Nordic Centre

LEARNING OBJECTIVES: Community Recreation/Fitness Activity

DATE & TIMES: Wed. Feb. 12, 19, 26

We will leave the school at 9:10am and return by 12:00pm.

TRANSPORTATION: School Bus

The cost of bus transportation is covered by Walnut Park Parent Advisory Council.

SUPERVISING TEACHER: Amanda Scott

VOLUNTEERS:

Parent Volunteers are needed. Parents do not need to be able to ski but are welcome to if they have their own equipment. Parent volunteers with ski equipment will have to drive to the BV Nordic Centre.

EMERGENCY CONTACT: Dwayne Anderson, Principal 250 847-4464

Field Trip approved: _____

ADDITIONAL INFORMATION:

The cost is \$9 per student for all three sessions. If you are paying by cheque, please make it payable to Walnut Park School.

Please ensure the students come with hat, mitts/gloves, rain or snow pants, several light top layers including a windbreaker or jacket, a water bottle and snack

Each student and volunteer must sign the attached waiver. (Also, please detach and sign the permission form below.

(Please detach and return the permission slip below.)

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SUPERVISING TEACHER: Amanda Scott

In signing this permission form, I indicate that I understand the nature of the activity and its inherent risks and approve of the arrangements outlined above. I give my permission for my son/daughter/ward to participate.

Date: _____

Name of son/daughter/ward

Signature of parent/guardian

telephone number

I am willing to accompany the class and help with supervision.

Yes _____ No _____

If your child has any medical problems or allergies we should be aware of, please indicate below:

In case of emergency with my child, please contact: _____ at _____
Name phone number



CROSS COUNTRY CANADA (*doing business as* NORDIQ CANADA) INFORMED CONSENT AND ASSUMPTION OF RISK AGREEMENT

By signing this document you will assume certain risks. Please read carefully.

1. This is a binding legal agreement. As a Participant in the sport of cross-country skiing and the programs, activities and events of Cross Country Canada including all of its registered Divisions and Clubs and Canadian Snowsports Association (hereinafter called CCC/CSA), which include without limitation cross-country skiing competitions, camps, clinics, and related activities such as roller-skiing, road cycling, running and hiking (hereinafter called the Activities), the Participant and/or the Parent/Guardian of the Participant (hereinafter called the Parties), acknowledge and agree to the following terms:

Description of Risks

2. The Participant is participating voluntarily in the Activities. In consideration of the Participant's participation in the Activities sanctioned by CCC/CSA, the Parties hereby acknowledge that they are aware of the risks, dangers and hazards associated with or related to the Activities, and may be exposed to such risks, dangers and hazards. The risks, dangers and hazards include, but are not limited to, injuries from:
 - a) training whether indoor or outdoor including strength training, running, hiking, and cycling;
 - b) overusing, exerting and stretching various muscle groups and strenuous cardiovascular workouts;
 - c) vigorous physical exertion, rapid movements and quick turns and stops;
 - d) falling to the ground due to slips, trips or uneven, slippery or irregular terrain or surfaces;
 - e) contact, colliding or being struck by skis, ski poles, equipment, trees, other individuals or other fixed objects;
 - f) failing to participate within one's abilities, skill and within designated areas;
 - g) becoming lost or separated from the group or the group becoming split up;
 - h) failure to properly use any piece of equipment or from the mechanical failure of any piece of equipment;
 - i) extreme weather conditions which may result in frostbite, hypothermia, snowstorms, sunstroke or lightning strikes;
 - j) encounters with animals or plants including allergic reactions;
 - k) travel to and from training, competitive events and associated non-competitive events which are an integral part of Activities;
 - l) infectious disease contracted through viruses, bacteria, parasites, and fungi which may be transmitted through direct or indirect contact, and
 - m) other risks normally associated with participation in the Activities.
3. Furthermore, the Parties are aware:
 - a) that injuries sustained may be severe, paralyzing or fatal;
 - b) that the Participant may experience anxiety or embarrassment while challenging themselves during the activities, events and programs of CCC/CSA,
 - c) that the risk of injury is reduced if the Participant follows all rules established for participation; and
 - d) that the risk of injury increases as the Participant becomes fatigued.

Disclaimer

4. In consideration of CCC/CSA accepting the Participant's application for membership in the Club or allowing the Participant to participate, the Parties agree that CCC/CSA, and its respective directors, officers, committee members, members, employees, volunteers, participants, agents and representatives are not responsible for any injury, personal injury, damage, property damage, expense, loss of income or loss of any kind suffered by the Participant during, or as a result of, any of the Activities sanctioned by CCC/CSA, caused by the risks, dangers and hazards associated with the Activities.

Acknowledgement

5. The Parties confirm that:
 - a) the Participant's physical condition is sufficient to allow participation in the sport of cross-country skiing and the activities, events and programs of CCC/CSA;
 - b) they have been provided sufficient information about Activities and the associated risks and hazards so that they are aware of the effect of this agreement;
 - c) the Participant agrees to abide by the Rules and Regulations imposed by CCC/CSA, in association with the Activities, and to follow the instructions of the officials during the Activities; and
 - d) they have read this agreement understand it, have executed this agreement voluntarily, and that this agreement is to be binding upon the Parties, their heirs, executors, administrators and representatives.

6. In addition, the Parties:

- a) authorize CCC/CSA, to collect and use personal information about the Parties which relates in any way to the Activities, including without limitation the publication of photographs in newsletters and promotional materials, and the posting of photographs, videos, articles, rosters, statistics, images and results on the CCC/CSA websites;
- b) grant permission to CCC/CSA, to photograph and/or record the Parties image and/or voice, and to use this material to promote CCC/CSA, through any form of and agree that the audio/visual material and copyright will remain the sole property of CCC/CSA, and waive any claim to remuneration for use of audio/visual materials used for these purposes; and
- c) understand that they may withdraw such consent at any time by contacting Cross Country Canada at 403-678-6791. Cross Country Canada will advise the implications of such withdrawal.

We do not sell or distribute your personal information to any other third party not listed herein.

I, the Participant and/or Parent/Guardian, have read and agree to be bound by this agreement.

Name: _____
Date: _____
Signature: _____

NOTE: if the Member/Participant is under 19 years of age, parent or legal guardian MUST sign below.

Name of Parent/Guardian: _____
Date: _____
Parent/Guardian Signature: _____

NOTE:

All Informed Consent and Assumption of Risk Agreements are to remain with the Club Executive for a minimum of three years.
DO NOT submit these forms to CCC/CSA or the Division Office